

Elite Guidelines

Junior Elite Requirements:

To qualify for the Junior Elite class, you must be able to execute the following:

- Dancers must be at least 6 years of age by the start of the dance season.
- A complete foot in hand. (*Both legs must be straight*).
- Straddle roll through without bending knees.
- Complete, clean, single pirouette.
- Full grand jete'.
- Kick with straight legs to shoulder height.

Teen Elite Requirements:

To qualify for the Teen Elite class, you must be able to execute the following:

- Dancers must be at least 12 years of age by the start of the season. (*Dancers may be chosen to dance up at age 11 depending on their ability & technique, at the discretion of the teacher.*)
- All of the above criteria as listed for Junior Elite.
- Complete, clean, double pirouette.
- Vertical tuck jump.
- Must know **ALL** Time Steps if taking tap.
- Swap pick-ups.
- Tap wings.
- At least 4 clean fouette turns or turns ala seconde.
- Firebird leap.
- Turning grand jete's & Calypso's.
- Turning Maxi Ford.
- Turning cramp roll.

Senior Elite Requirements:

Dancers must be able to execute everything listed above as well as the following:

- Dancers must be at least 15 years of age by the start of the season. (*Dancers may be chosen to dance up at age 14 depending on their ability & technique, at the discretion of the teacher.*)
- Changing split leap.
- Straddle leap.
- Turning 'C' jump.
- Turning vertical tuck.
- Triple pirouette.
- Axel turns.
- All pick-ups in tap.